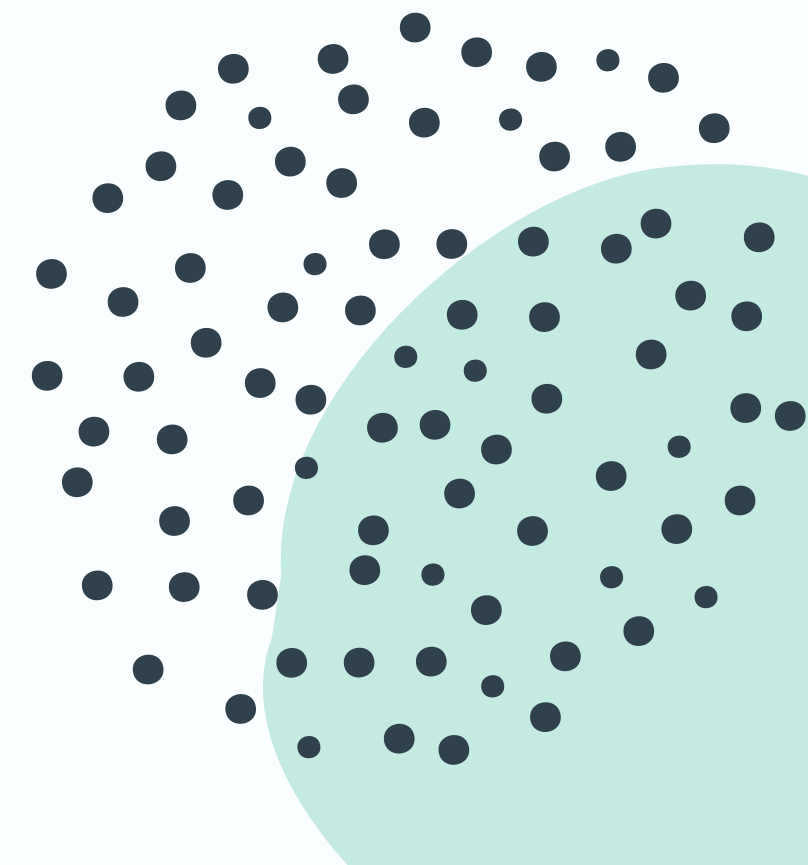


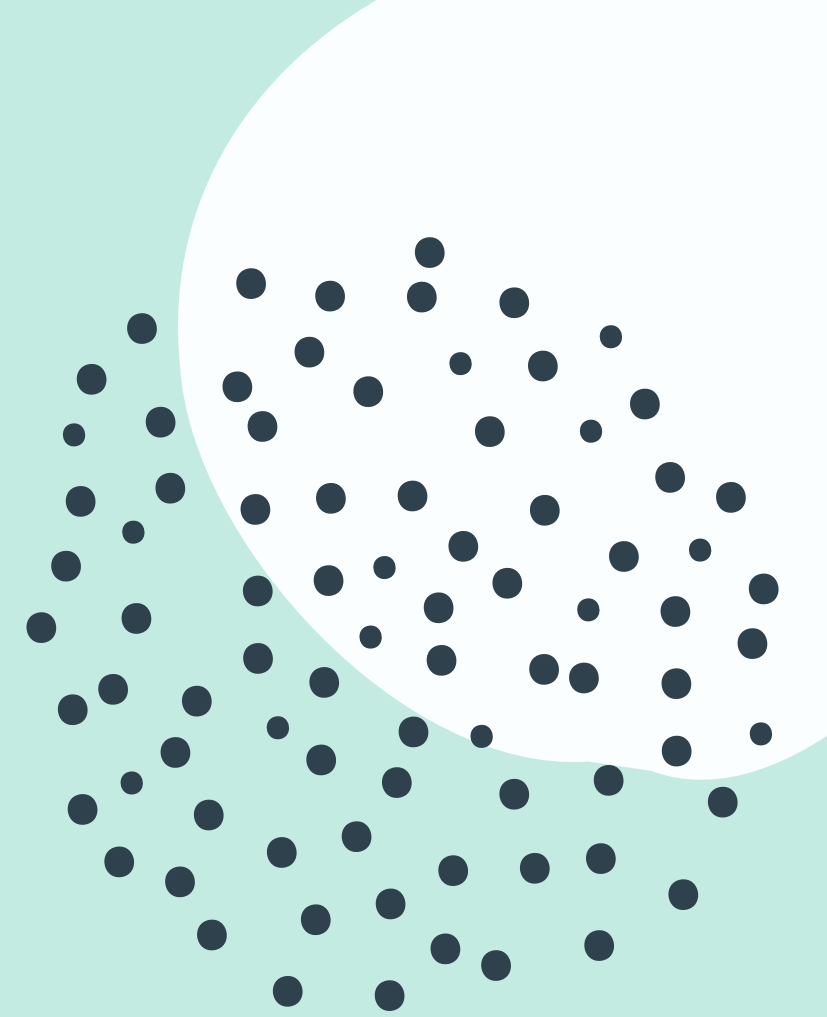
UCSC  
PSYCHOLOGY  
DEPARTMENT

# PATHS TO CAREERS IN CLINICAL PSYCHOLOGY

Presentation by Peer Advisors  
Amy Vu & Rachelle Lamb



# Introduction



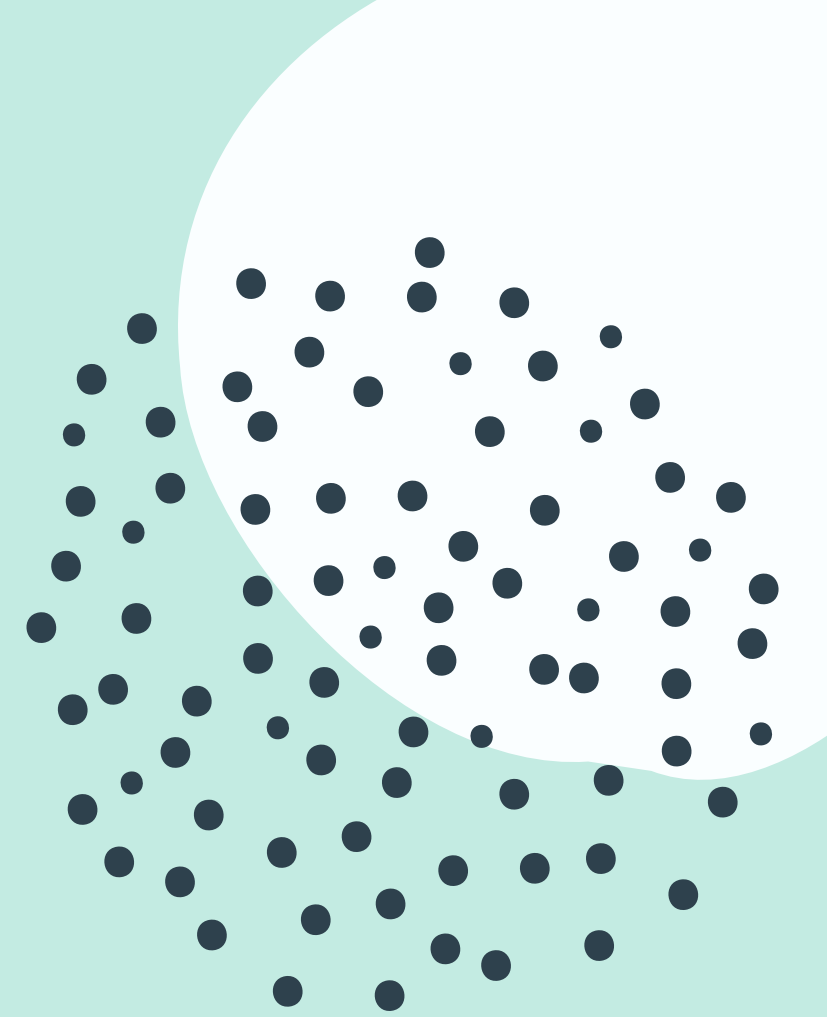
## **AMY VU**

- Third Year - Intensive Psychology Major
- Fun Fact: I have taken 5 Clinical Psychology courses at UCSC
- Peer Advisor

## **RACHELLE LAMB**

- Fourth Year - Psychology Major
- Second Year at UCSC (Transfer Student)
- Peer Advisor

# Today's Presentation



## DISCUSSION POINTS

Career Options

Types of Grad Schools

General Grad School Requirements

UCSC Undergrad Opportunities

# Career Options

# Career Options

## CLINICAL PSYCHOLOGY

School Psychologist

Learning Disabilities Specialist

Guidance Counselor

Clinical Psychology Professor

Family / Marriage Counselors

Health Psychologist

Neuropsychologist

Forensic Psychologist







## SCHOOL PSYCHOLOGIST

- Work with school-aged children & young adults
- Help with academic, emotional, social, and behavioral problems
- Implement behavioral management and learning programs
- Administer psychological tests in special education
- Specialist or Master's Degree in School Psychology, Counseling or Education
- May need state credential (depending on state)

# Education System



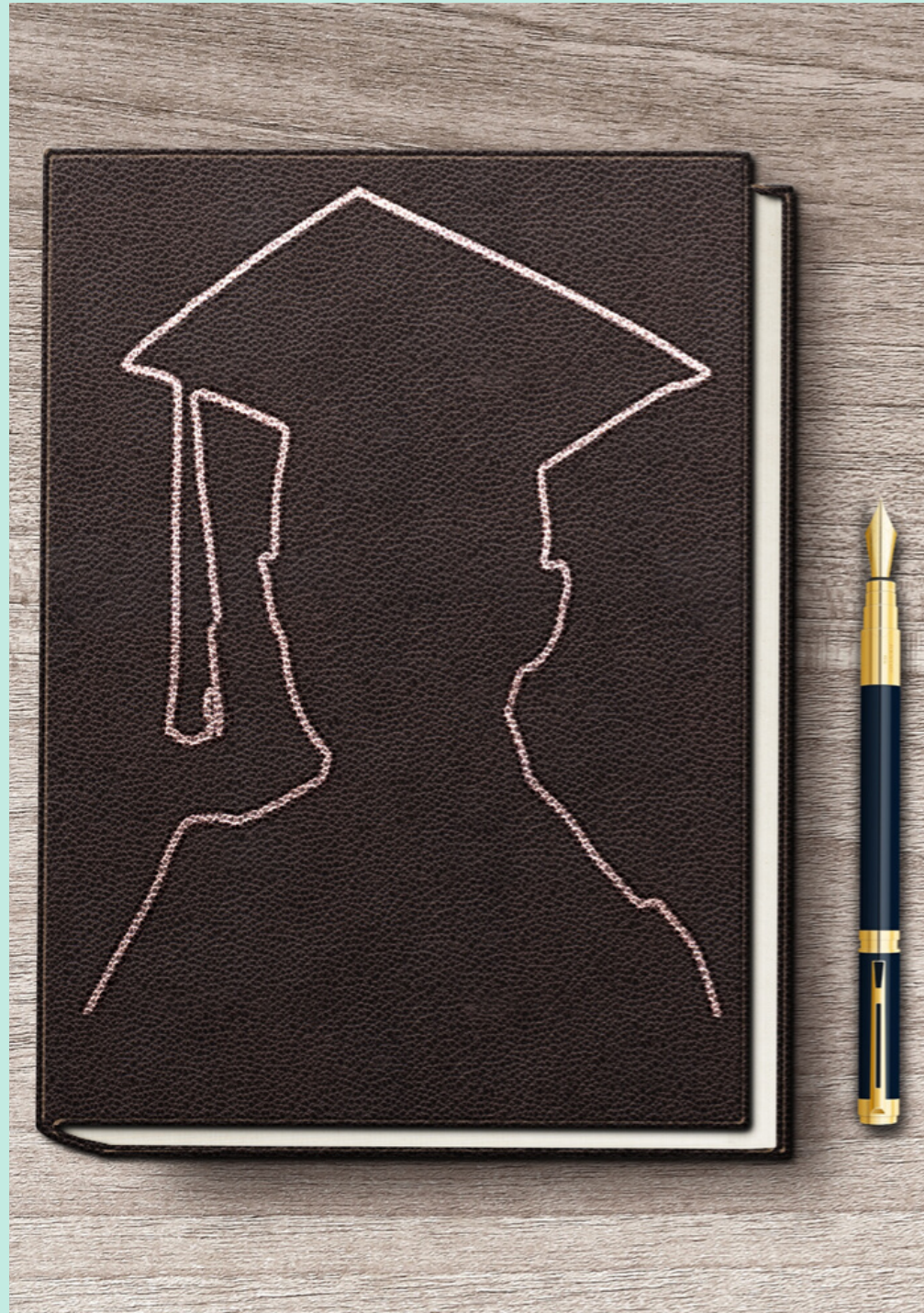
# Education System



## LEARNING DISABILITIES SPECIALIST

- AKA Special Education Teachers
- Work with students with disabilities
- Document disabilities to access support services
- Master's Degree in Special Education (Recommended)
- OR Undergrad Degree + Education Specialist Credential Program





# Education System

## GUIDANCE COUNSELOR

- In an educational setting: offers advice to troubled students with their education and help with college and career aspirations

## CLINICAL PSYCHOLOGY PROFESSOR / LECTURER

- Professor Cardilla
- Professor Cook



# Healthcare



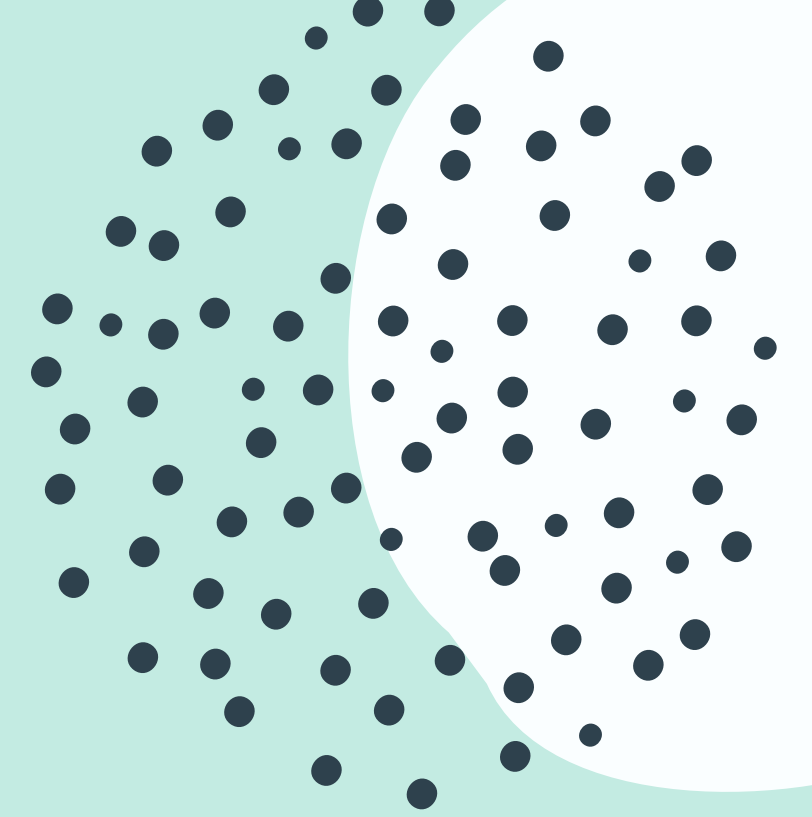
## HEALTH PSYCHOLOGIST

- Focuses on how mental, emotional, social factors that effect an individual's lifestyle and behavior towards their overall health
- Requires at least a Master's Degree

## NEUROPSYCHOLOGIST

- Study relationships of behaviors and cognitive functioning
- Main job is to assess, diagnose, and then treat abnormal development, medical, psychological, or neurological conditions and problems

# Counseling



## FAMILY COUNSELOR

- Help family work through tough times together
- Help families develop effective communication strategies

## MARRIAGE COUNSELOR

- Help identify problems within the relationships and help devise solutions.

## GENERAL COUNSELOR

- Individual therapy sessions can help you personally identify your own thoughts and feelings, and help you connect that towards one's behavior

# LEGAL SYSTEM

## FORENSIC PSYCHOLOGIST

- Most important aspect is to determine competency of a defendant
- Evaluate behaviors in both parties of legal disputes

## LEGAL PSYCHOLOGY

- Apply psychology insights of human's behavior and cognition and to Human behavior in matters in laws/ legal system
- \*Innocence Project





# Innocence Project

- Overturning murder conviction base evidence on eye witness testimony
- In psychological research found people falsely accuse people due to false memory
- Hundreds of overturn convictions



# **Types of Graduate School**

## PSY.D Programs

# Scholar-Practitioner

- Focus on training psychologists mostly as practitioners

## Some Ph.D Programs

# Clinical-Scientist

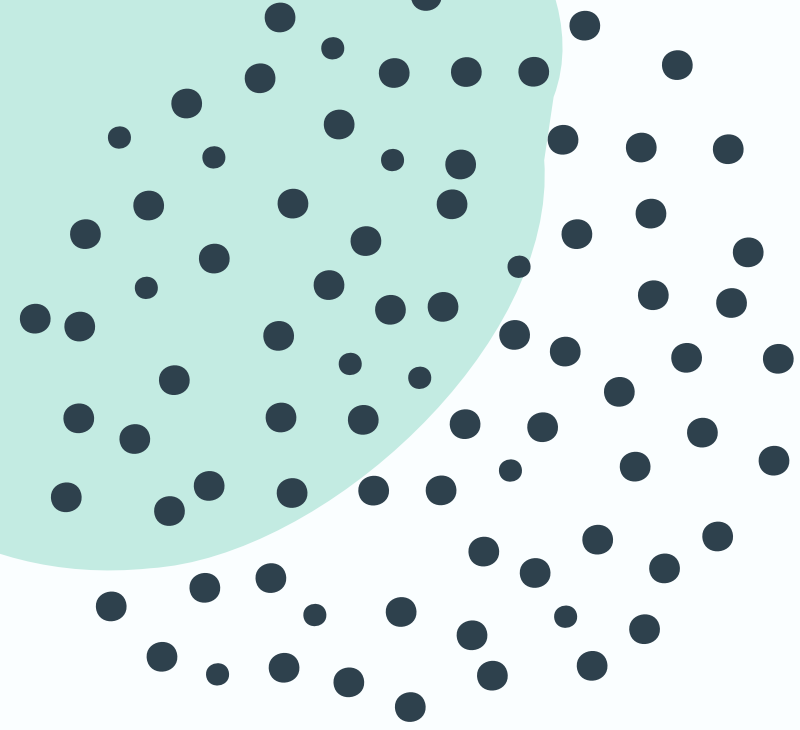
- Focus on training psychologists mostly as scientists

## Most Ph.D Programs

# Practitioner-Scientist

- Focus on training psychologists who are equally well-rounded as clinical scientists and practitioners



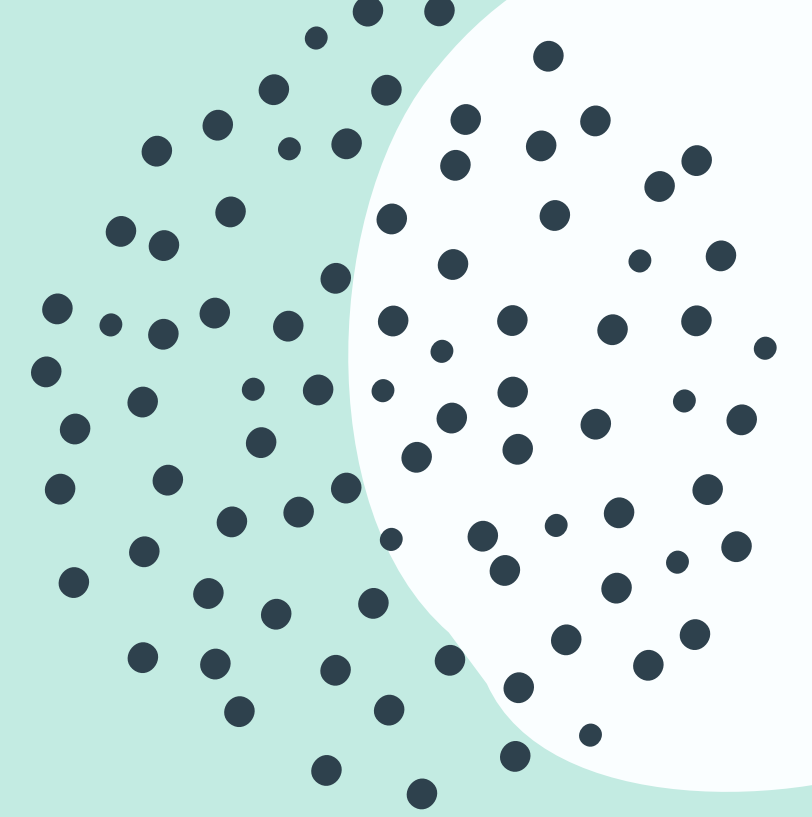


- Approximately 2-year programs
- Specialized Areas
  - Counseling Psychology
  - School Psychology
  - Marriage / Family Therapy
- May need to take the State Licensing Exam to practice
- Preparation for Doctorate Degree

# Master's Degree



# Ex. San Jose State University



## MA. RESEARCH AND EXPERIMENTAL PSYCHOLOGY

- Emphasis: psychological theory and research skill development
- Objectives:
  - To succeed in business, industry, and/or a research setting
  - To earn a Ph.D in psychology

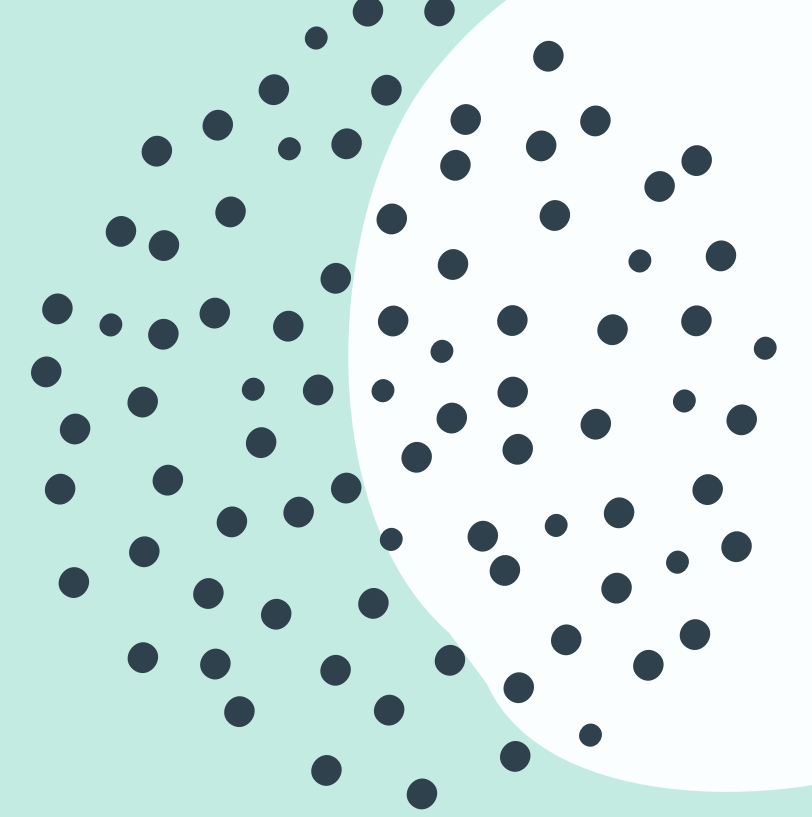
## MS. CLINICAL PSYCHOLOGY

- Prepares for licensure as a Marriage Family Therapist or Licensed Professional Clinical Counselor (LPCC)

## MS. INDUSTRIAL/ ORGANIZATIONAL PSYCHOLOGY

- Scientist-Practitioner Model
- Prepare for professional practice and conduct research in job analysis, work motivation, team building, etc
- Past students held internships in companies: LinkedIn, Google, Apple

# PH.D. Programs



- More emphasis on research
- May include a Master's Degree in the program
- Dissertation Project

- Most provide funding of tuition and stipend
- Most require research and teaching assistantships

- More open career options
- Preparation for career in academia - research and teaching
- Preparation for career in clinical settings



# Ex. UC Santa Barbara

## SCIENTIST- PRACTITIONER MODEL

- Receive Ph.D in counseling, clinical, or school psychology
- Master's Degree also received for students seeking Ph.D in counseling and school psychology

The doctoral program in Counseling, Clinical, and School Psychology is accredited\* by the Committee on Accreditation of the American Psychological Association as a combined psychology program. The Department of Counseling, Clinical, and School Psychology (CCSP) adheres to a scientist-practitioner training model; therefore, heavy emphasis is placed on developing academic, research, and practitioner knowledge and skills.

<https://education.ucsb.edu/ccsp>

# Ex. SDSU-UCSD Joint Doctoral Program

## SCIENTIST- PRACTITIONER MODEL

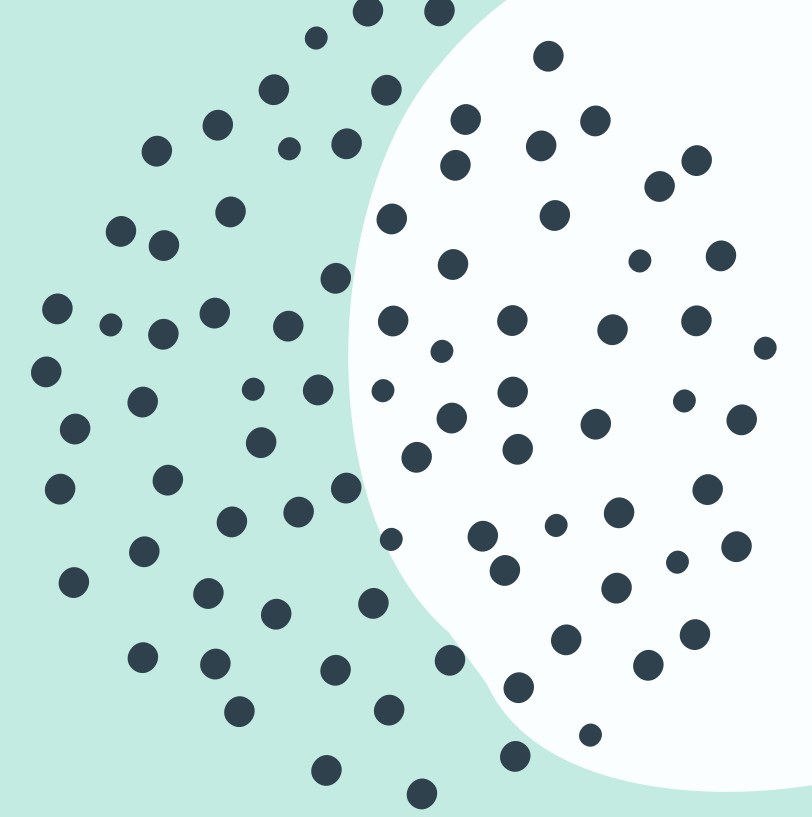
– Major Areas of Study: Behavioral Medicine,  
Experimental Psychopathology,  
Neuropsychology

A list of JDP Faculty interested in taking a student for Fall 2020 admission can be found by clicking following link: <https://clinpsyc.sdsu.edu/admissions-2/faculty-interested-in-taking-a-student-for-fall-2020/>

↕First Name	↕Last Name	↕Affiliation	↕Major Area(s) of Study	↕Research Area Key Words
Gregory	Aarons	UC San Diego	BMed/EP	Implementation Science; Child Neglect; HIV Prevention; International
Niloofer	Afari	UC San Diego	BMed/EP	Pain; Obesity; Trauma; Acceptance and Commitment Therapy; eHealth Technology; Veterans
Natacha	Akshoomoff	UC San Diego	Neuro	Pediatric Neuropsychology; Preterm Birth; Academic Development; Children; Prenatal Substance Exposure; Rare Genetic Syndromes; Autism Spectrum Disorders
Nader	Amir	SDSU	EP	Anxiety Disorders; Interventions; Etiology
Catherine	Ayers	UC San Diego	EP	Hoarding Disorders; Interventions; Lifespan
Katherine	Bangen	UC San Diego	Neuro	Neuroimaging; Aging; Mild Cognitive Impairment; Dementia; Alzheimer's Disease

<https://clinpsyc.sdsu.edu/people/faculty/>

# PSY.D Programs



- Focus/Emphasis on training in clinical work, rather than research
- Psy.D degrees tend to be earned in a shorter amount of time than Ph.D
  - Psy.D : 4-6 years
  - Ph.D : 5-7 years

- Higher acceptance rate than Ph.D programs
- Tuition coverage is uncommon

- Career Options: direct client care, such as counseling, social work, therapy, human services, and consulting

# Ex. Palo Alto University

## PRACTITIONER-SCHOLAR MODEL

- For students "seeking careers devoted to the direct delivery of clinical psychological services"
- "Provides a generalist education in clinical psychology, emphasizing evidence-based practice"
- Program faculty from Palo Alto University and Stanford
- Requires a minimum of 4 full-time academic years in residence plus a 2000-hour internship in clinical psychology



PGSP - STANFORD Psy.D. CONSORTIUM

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# **General Graduate School Requirements**



# General Grad School Requirements

## GRE

- Some programs may require or recommend the GRE Psychology Subject Test

## 3 LETTERS OF RECOMMENDATION

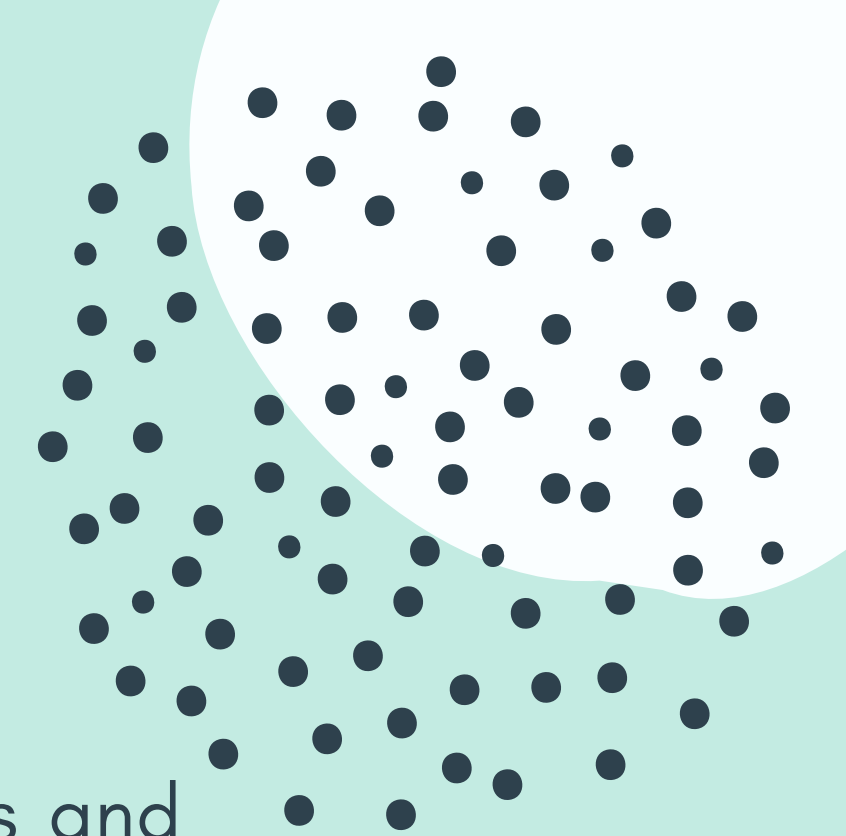
- With 2 from professors or academic faculty members

## RESUME, PERSONAL STATEMENT

# **UCSC Undergraduate Opportunities**



# PSYC 193 Field Study



- Receive hands on experience for juniors and seniors
- 2 quarter commitment
- 5 units, pass/no pass
- Meet with faculty sponsor and field sponsor on quarterly projects
  - Ex. keeping a journal, writing a reflection paper
- Through different lenses:
  - Developmental, Cognitive, Social, or Clinical



# EXAMPLE OF PLACEMENTS



## PEER ADVISOR

- At UCSC Psychology Department
- Help students with academic plan & declare major

## TEACHER AIDE

- At local Santa Cruz preschools to high school
- Education environment

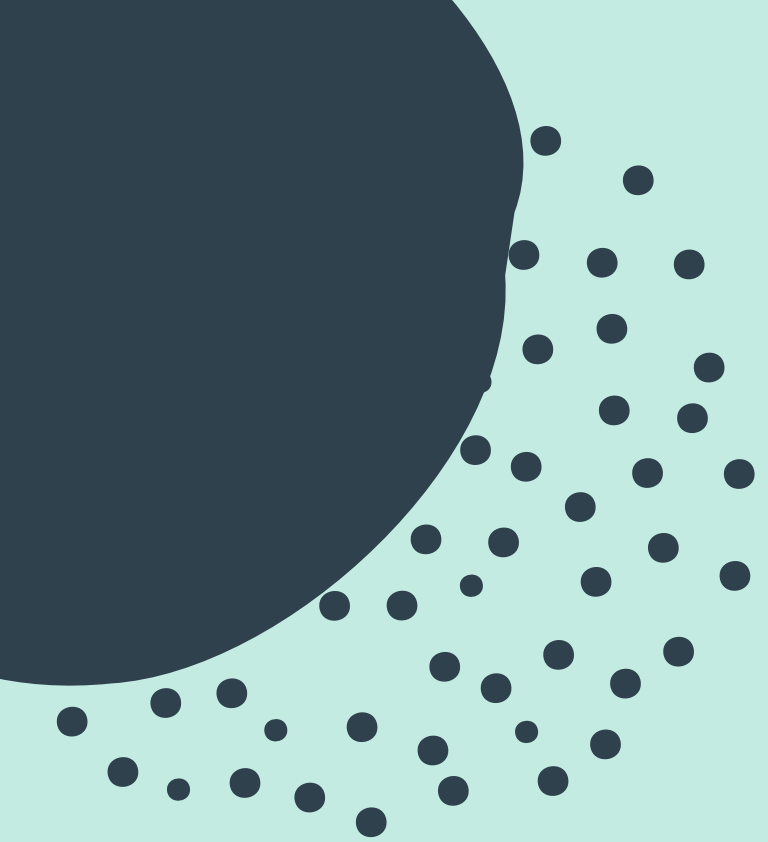
## HAVEN OF HOPE

- Group home for girls
- Facilitate activities
- Help teach structure

## WOMEN'S CENTER

- Walnut Avenue
- Help families facing domestic abuse

\*AND MANY MORE PLACEMENTS



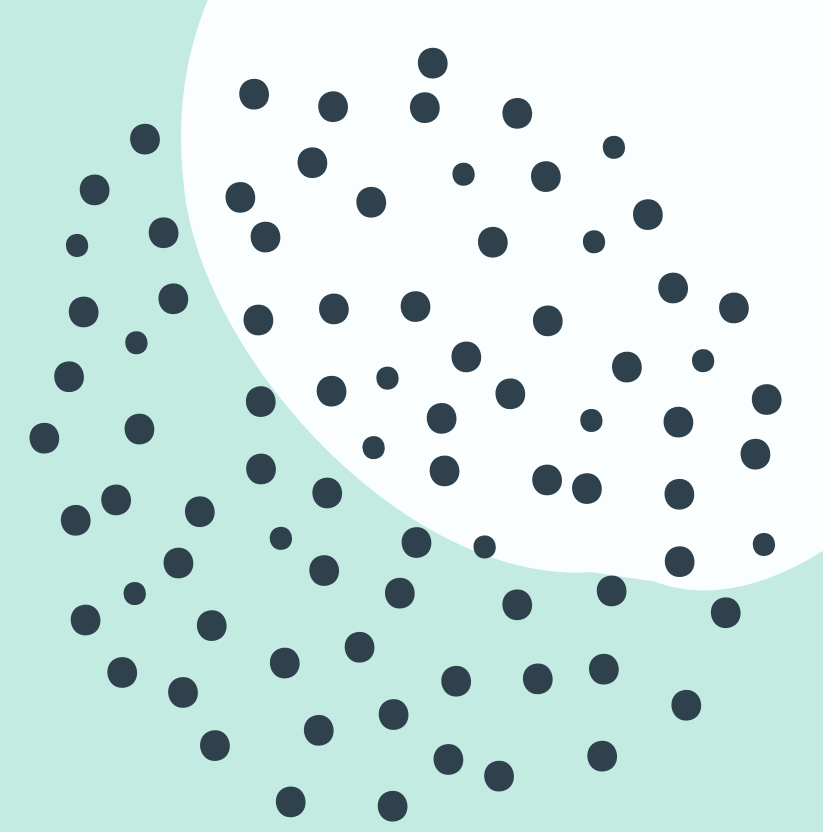
# HOW TO APPLY FOR FIELD STUDY

PLAN A QUARTER AHEAD OF TIME

GO TO AN INFORMATION MEETING  
TO RECEIVE MORE INFORMATION  
ABOUT SPECIFIC PLACEMENT  
AVAILABILITY AND APPLICATION  
FORM



# PSYC 194 Advanced Research



- Receive hands-on experience with research
- Become a research assistant to help grad students and professors conduct their research studies
- Great for students interested in Ph.D programs
- 5 units, graded or pass/no pass
- Professors have different qualifications and requirements, such as reading research papers or writing a final literature review on related research topics



# HOW TO BECOME A RESEARCH ASSISTANT

ASK YOUR PROFESSORS AND TAS  
ABOUT THEIR RESEARCH

LOOK ONLINE FOR RECENT POSTINGS  
AND EMAIL PROFESSORS



# WHERE TO LOOK FOR RESEARCH ASSISTANTSHIP (RA) POSITIONS

1. UCSC PSYCHOLOGY - UNDERGRADUATES

2. EDUCATIONAL OPPORTUNITIES

3. POSTED RESEARCH OPPORTUNITIES

The screenshot shows the UC Santa Cruz Psychology department website. The top navigation bar includes 'UC SANTA CRUZ', 'MyUCSC', 'People', 'Calendars', 'Maps', 'A-Z Index', and a search box. The main content area is titled 'PSYCHOLOGY' and has a navigation menu with 'About', 'Undergraduate', 'Graduate', 'Faculty', 'Courses', and 'Support Us'. A sidebar on the left lists various resources: 'Undergraduate Advising', 'Psychology Majors', 'Cognitive Science Major', 'Field Study Program', 'Educational Opportunities', and a list of programs including 'Undergraduate Research', 'Posted Research Opportunities', 'Study Abroad', 'Independent Study', 'Scholarship/Award Opportunities', and 'Psi Chi Honor Society'. The main content area features a breadcrumb trail: 'Home / Undergraduates / Educational Opportunities / Posted Research Opportunities'. The title is 'Posted Research Opportunities'. There are three sections of current research postings: 'Current 194A: Developmental Research Postings' with a link to 'Young Children Learning from Family Science Talk with Professor Maureen Callanan'; 'Current 194B: Cognitive Research Postings' with links to 'Reading and Recalling Words in English with Professor Alan Kawamoto and Graduate Students Bryan Holbrook and Peter Krause' and 'Reading Mandarin and Reading Japanese with Professor Alan Kawamoto and Graduate Student Bryan Holbrook'; and 'Current 194C: Social Research Postings' with a link to 'Emotional Communication with Professor Jean E. Fox Tree and Graduate Student Trevor D'Arcey'.

UC SANTA CRUZ MyUCSC • People • Calendars • Maps • A-Z Index Search this Site

## PSYCHOLOGY

About Undergraduate Graduate Faculty Courses Support Us

Undergraduate Advising  
Psychology Majors  
Cognitive Science Major  
Field Study Program  
Educational Opportunities

- Undergraduate Research
- Posted Research Opportunities
- Study Abroad
- Independent Study
- Scholarship/Award Opportunities
- Psi Chi Honor Society

Home / Undergraduates / Educational Opportunities / Posted Research Opportunities

### Posted Research Opportunities

**Current 194A: Developmental Research Postings**  
[Young Children Learning from Family Science Talk with Professor Maureen Callanan](#)

**Current 194B: Cognitive Research Postings**  
[Reading and Recalling Words in English with Professor Alan Kawamoto and Graduate Students Bryan Holbrook and Peter Krause](#)  
[Reading Mandarin and Reading Japanese with Professor Alan Kawamoto and Graduate Student Bryan Holbrook](#)

[Emotional Communication with Professor Jean E. Fox Tree and Graduate Student Trevor D'Arcey](#)

**Current 194C: Social Research Postings**

# SOURCES

Slide 6

<https://www.nasponline.org/about-school-psychology/who-are-school-psychologists>, <https://www.nasponline.org/standards-and-certification/state-school-psychology-credentialing-requirements/states/california>

Slide 7

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Slide 8

<https://www.bls.gov/ooh/community-and-social-service/school-and-career-counselors.htm#tab-2>, [https://campusdirectory.ucsc.edu/cd\\_detail?uid=kcardill](https://campusdirectory.ucsc.edu/cd_detail?uid=kcardill)  
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Slide 9

<https://careersinpsychology.org/becoming-a-health-psychologist/>, <https://careersinpsychology.org/neurology-careers/>

Slide 10

<https://www.bls.gov/ooh/community-and-social-service/marriage-and-family-therapists.htm#tab-2>, <https://www.truity.com/career-profile/psychologist>

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<https://www.apa.org/ed/precollege/psn/2013/09/forensic-psychology>, <https://psychologydictionary.org/legal-psychology-forensic-psychology/>

Slide 12

<https://www.innocenceproject.org/eyewitness-identification-reform/>, <https://www.innocenceproject.org/about/>

# SOURCES

Slide 14

<https://psychologygradschool.weebly.com/types-of-programs.html>

Slide 15

<https://www.apa.org/ed/precollege/psn/2017/01/masters-careers>

Slide 16

<https://www.sjsu.edu/psych/Graduates/>

Slide 17

<https://www.apa.org/ed/precollege/psn/2016/01/doctoral-degrees>

<https://www.allpsychologyschools.com/psychology/psyd-vs-phd-programs/>

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<https://education.ucsb.edu/ccsp>

Slide 19

<https://clinpsyc.sdsu.edu/people/faculty/>

Slide 20

<https://www.apa.org/ed/precollege/psn/2016/01/doctoral-degrees>

<https://www.allpsychologyschools.com/psychology/psyd-vs-phd-programs/>

# SOURCES

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<https://www.paloalto.edu/graduate-programs/pgsp-psyd-stanford-consortium>

Slide 26

<https://psychology.ucsc.edu/undergraduate/field-study/prospective-students/index.html>

Slide 27

<https://thewomenscenter.org/volunteer>, <https://psychology.ucsc.edu/undergraduate/advising/peer-advisors.html>,

<https://psychology.ucsc.edu/undergraduate/field-study/prospective-students/placements.html>

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<https://psychology.ucsc.edu/undergraduate/field-study/prospective-students/requirements.html>

Slide 29

<https://psychology.ucsc.edu/undergraduate/educational-opportunities/undergrad-research.html>

Slide 31

<https://psychology.ucsc.edu/undergraduate/educational-opportunities/194-openings.html>